

# LUMEN CHRISTI HEALTH CARE INC

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## **PRACTICE EXAM FOR HOME HEALTH AIDE**

**1. A client offers a nurse aide a twenty dollar bill as a thank you for what the aide has done. The aide should:**

- A) Take the money so as not to offend the client.
- B) Politely refuse the money
- C) Take the money and buy something for her
- D) Ask the nurse in charge what to do.

**2) All of the following are examples of abuse or neglect except:**

- A) Assist in picking up the phone for the client
- B) Leaving a client alone in the bathtub
- C) Threatening to withhold client's meals
- D) Leaving a client in wet and soiled clothes to watch TV.

**3. If a client is found lying on the floor, what should the aide do?**

- A) Check for responsiveness
- B) If unresponsive call 911
- C) Call the office and client's family
- D) All of the above

**4. In giving care according to client's Bill of Rights, the HHA should:**

- A) Provide privacy during client's personal care
- B) Open the client's mail without permission
- C) Use client's personal possessions for yourself
- D) Prevent the client from complaining about care

**5. A client wakes up in the night and asks for something to eat, the aide should:**

- A) Check client's diet before offering nourishment
- B) Tell the client that they can't eat during the night
- C) Explain that breakfast will be available in four hours
- D) Tell him that you are too tired to get up and get her a meal

**6. If a client is confused the aid should:**

- A) Ignore client because what he says doesn't make sense
- B) Watch the client so that he does not hurt himself
- C) Lock the client in a room so that he does not border you
- D) Call agency and tell them client is bordering you.

**7. What is the process of restoring a disabled client to the highest level of function?**

- A) Responsibility
- B) Retention
- C) Rehabilitation
- D) Reincarnation

**8. When providing care the aide should wash hands:**

- A) Before doing task
- B) After doing task
- C) Not wash hands because they are already clean
- D) Both a & b are correct

**9. Clean bed linen placed in client's room but not used should be:**

- A) Returned to the linen closet
- B) Used for another client in the next room
- C) Placed in dirty linen container
- D) Leave it there until it is needed

**10. The HHA finds a conscious client lying on the floor. The first thing the aide should do is:**

- A) Help the client in a sitting position
- B) Call for assistance to get the client up
- C) Offer the client a cup of water
- D) Check for signs of injury

**11. If you find your client sad and crying, you should:**

- A) Ask the client if something is wrong
- B) Tell the client to cheer up
- C) Tell the client to stop crying because it is driving you crazy
- D) Call the client's family

**12. Clients have the rights to:**

- A) Have access to a telephone
- B) Have a decent meal
- C) Given privacy when asked
- D) all of the above

**13. When a client is going to the hospital/nursing home, the aide should:**

- A) Call and notify the agency
- B) Wait until the client is picked up
- C) Call the client's family
- D) all of the above

**14. To prevent infection the aide should remove soiled linens from client's bed and:**

- A) Shake them in the air
- B) Place them in a neat pile on the floor
- C) Carry them close to yourself as possible
- D) Place them in the dirty linen container

**15. To prevent dehydration of the client the HHA should:**

- A) Offer fluid frequently while the client is awake
- B) Wake client up hourly during the night to give fluids
- C) Give the client frequent baths
- D) Feed the client salty food to increase thirst

**16. To make sure the client's weight is measured accurately the client should be weighed,**

- A) After each meal
- B) After a good night's sleep
- C) At the same time every day
- D) By the same person every day

**17. Which of the following is the correct method of removing a dirty isolation gown?**

- A) Pull it over your head
- B) Let it drop on the floor before picking it up
- C) Roll it dirty side in and away from the body
- D) Pull it off by the sleeves and shake it well

**18. What will be the best way for the aide to promote independence while bathing a client who has recently suffered a stroke?**

- A) Give the client a complete bath only when requested
- B) Encourage client to do as much as possible and assist only when needed
- C) Leave client alone and assume the client will do as much as she can
- D) Limit the client to washing hands only since she is not able to bath herself

**19. A safety device used to assist a dependent client from bed to chair is called**

- A) Hand roll
- B) Foot board
- C) Poesy vest
- D) transfer/gait belt

**20. When making an unoccupied bed, the HHA should:**

- A) Ask the client to help them put the sheets
- B) Make sure the client is seated comfortably on a chair before you make the bed
- C) Raise the aide side rails of the bed so that client can't get back to bed
- D) Lower side rails and tell client to climb back to bed while you clean the dirty linens.